

Jason Lester – Assistant Coach, Sophomore



Jason Lester is entering his 14th season coaching at Kennedy, all at the freshmen and sophomore levels. A native of Oskaloosa, Lester played Defensive Line for Oskaloosa High School, winning a District and State Championship in 1996. He was named to the Area All Regional Team in 1996 and Honorable Mention All-District in 1997. Lester also played baseball and participated in theater while at Oskaloosa HS.

After high school, Lester continued his football career at Central College, where he played Defensive Line for four years. He was a two-year letter winner for the Dutchmen and played on teams that won the Iowa Conference championship in 1998, 2000, and 2001, and qualified for the Division III playoffs all four years, including advancing to the Division III Quarterfinals in 2001. Lester graduated from Central with a B.A. in Theater in 2002.

Lester began his coaching career at Kennedy in the fall of 2003. He has coached offensive and defensive line for the freshmen teams from 2003-2010, before moving up to coach the same positions for the sophomore team from 2011-2015. This year Lester is coaching the offensive line and hybrid linebackers on the sophomore team.

Lester is employed at VenuWorks as an Event Manager at the Paramount Theater and McGrath Amphitheatre.

Lester resides in Cedar Rapids, and is engaged to Elizabeth Wardle-Kimmel.

One of Lester's favorite quotes comes from Jerry Staton, Head Coach at Albia High School, "On the road to the goal, the road is the goal."