

## Pat Cory – Head Coach, Freshmen



Pat Cory is returning to the Kennedy sidelines this season as the Head Coach of the Freshmen. A 1991 Kennedy alum, Cory played Offensive and Defensive Line for IFCA Hall of Fame Coach Don Knock. Cory's senior campaign was the most successful in school history to that point, going 8-2, with both losses to crosstown rival Linn Mar; the second coming in the first round of the Class 4A playoffs. That was the first playoff berth in school history. Cory earned All-Metro and All-Conference accolades as a junior. Expectations were justifiably high heading into his senior season; he was a Team Captain and received many preseason honors, however a knee

injury limited his season. Another well-rounded Kennedy student-athlete, Cory also participated in Track & Field and graduated in the top 15% of his class.

After graduation, Cory continued his football career at the University of Iowa for two years before transferring to St. Cloud State, where he played Offensive Line. He received a B.S. in History and All Social Sciences in 1997. He later received a Master's Degree in Educational Methods and Theory in 2001 from St. Scholastica.

Cory began his coaching career as the Head Coach of the Freshmen at Central City High School from 1997-1998. He also served as Head Coach of the Sophomores and Assistant Coach of the Varsity at Little Falls High School in Little Falls, MN from 1998-2003.

Cory started his coaching career at Kennedy in 2003 as an Assistant Coach and later Defensive Coordinator of the Freshmen. He later moved up to the varsity level where he coached the Offensive Line for several years. He left Kennedy for two years, coaching at Franklin Middle School from 2014-2015, before returning in 2016 as the Head Coach of the Freshmen. Cory convinced one of his high school teammates and friends, Jamey Parker, to join him on the sidelines as well.

Cory teaches History and Social Sciences at Kennedy. He resides in Cedar Rapids with his wife, Stephanie, the Kennedy High School Bookkeeper, and their son Paul, and daughters, Jordyn and Kaycee.