

JUNE 2018

Cougar Football

2015 State Runner-Up

State Playoffs
1990,1991, 1992, 1993, 1998, 1999, 2005, 2006,
2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			30	31 Last Day of School S/V 1-2:30 7 on 7 practice	1 OFF	2 OFF
3 OFF	4 6:45a S/V Wts 7:30a V Wts	5 V/S-6:30@ Kingston F-6:00am Wts/OTA	6 6:45a So Wts 7:30a V Wts	7 V/S-6:30@ Kingston F-6:00am Wts/OTA	8 6:45a So Wts 7:30a V Wts	9 OFF
10 <i>5pm at Kingston</i> 7 on 7	11 6:45a So Wts 7:30a V Wts	12 V/S-6:30@ Kingston F-6:00am Wts/OTA	13 6:45a So Wts 7:30a V Wts	14 V/S-6:30@ Kingston F-6:00am Wts/OTA	15 6:45a So Wts 7:30a V Wts	16 OFF
17 <i>5pm at Kingston</i> 7 on 7	18 6:45a So Wts 7:30a V Wts	19 V/S-6:30@ Kingston F-6:00am Wts/OTA	20 6:45a So Wts 7:30a V Wts	21 V/S-6:30@ Kingston F-6:00am Wts/OTA	22 6:45a So Wts 7:30a V Wts	23 OFF
24 <i>5pm at Kingston</i> 7 on 7	25 6:45a So Wts 7:30a V Wts	26 V/S-6:30@ Kingston F-6:00am Wts/OTA	27 6:45a So Wts 7:30a V Wts	28 V/S-6:30@ Kingston F-6:00am Wts/OTA	29 6:45a So Wts 7:30a V Wts	30

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All- OFF Vacation	2 All- OFF Vacation	3 All-OFF Vacation	4 All-OFF Vacation	5 All-OFF Vacation	6 All-OFF Vacation	7 All-OFF Vacation
8 <i>5pm at Kingston</i> 7 on 7	9 6:45a So Wts 7:30a V Wts	10 Card Handout V/S-6:30@ Kingston F-6:00am Wts/OTA	11 6:45a So Wts 7:30a V Wts	12 V/S-6:30@ Kingston F-6:00am Wts/OTA	13 6:45a So Wts 7:30a V Wts	14 OFF
15 <i>7on7</i> <i>At IC West</i> <i>1 group</i>	16 6:45a So Wts 7:30a V Wts 5:30 El-MS Camp	17 V/S-6:30@ Kingston F-6:00am Wts/OTA 5:30 El-MS Camp	18 6:45a So Wts 7:30a V Wts 5:30 El-MS Camp	19 V/S-6:30@ Kingston F-6:00am Wts/OTA 5:30 Ladies Camp	20 6:45a So Wts 7:30a V Wts	21 Team Bonding All Levels TBT
22 ALL-Levels Fundraiser Card Blitz! KHS Caf. 3-6pm	23 High School Camp 6-8pm	24 High School Camp 6-8pm	25 High School Camp 6-8pm	26 High School Camp 6-8pm	27 High School Camp 6-7pm	28
29 All- OFF Vacation	30 All- OFF Vacation	31 All-OFF Vacation				

AUGUST 2018

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 All-OFF Vacation	2 All-OFF Vacation	3 All-OFF Vacation	4 All-OFF Vacation
5 OFF	6 1st Practice F 7:00-11:00am S 8am-12pm V 6pm-10pm	7 F 7:00-11:00am S 8am-12pm V 6pm-10pm	8 F 7:00-11:00am S 8am-12pm V 6pm-10pm	9 Pictures- 5pm F 7:00-11:00am S 8am-12pm V 6pm-10pm	10 F 7:00-11:00am S 8am-12pm V 6pm-10pm	11 In-Squad Scrim TBT All Levels KHS
12 OFF	13 3:20 V/S-Practice 3:20 F-Practice	14 3:20 V/S-Practice 3:20 F-Practice	15 3:20 V/S-Practice 3:20 F-Practice	16 3:20 V/S-Practice 3:20 F-Practice	17 Scrimage -AWAY CenterPoint Urbana Teachers Back	18 V/S- 8:00am Films Jefferson Prep
19 OFF	20 3:20 V/S-Practice 3:20 F-Practice	21 3:20 V/S-Practice 3:20 F-Practice	22 3:20 V/S-Practice 3:20 F-Practice	23 3:20 F-Practice 9th-Home-??? 1st Day of School	24 CR Jeff-Home 3:20 F-Practice	25 7:30 V-Films
26 OFF	27 3:20 V/S-Practice 3:20 F-Practice	28 3:20 V/S-Practice 3:20 F-Practice	29 3:20 V/S-Practice 3:20 F-Practice	30 3:20 V/S-Practice 9th- Away- Linn-Mar 6:30pm	31 Linn-Mar- Home	

SEPTEMBER 2018

Cougar Football

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 V-No Practice
2 OFF	3 Labor Day 3:20 V/S-Practice 3:20 F-Practice No School	4 3:20 V/S-Practice 3:20 F-Practice	5 3:20 V/S-Practice 3:20 F-Practice	6 3:20 V/S-Practice 9th- Home-???	7 WDMValley - Away 3:20 F-Practice	8 V/S-OFF
9 3:20 V/S-Practice	10 3:20 V/S-Practice 3:20 F-Practice	11 3:20 V/S-Practice 3:20 F-Practice	12 3:20 V/S-Practice 3:20 F-Practice	13 CR Prairie-HC 3:20 F-Practice	14 3:20 V/S-Practice 3:20 F-Practice	15 V/S-OFF 9th- Away- Prairie 10:30am
16 OFF	17 3:20 V/S-Practice 9th-Home - Prairie(B) 4:30pm	18 3:20 V/S-Practice 3:20 F-Practice	19 3:20 V/S-Practice 3:20 F-Practice	20 3:20 F-Practice 9th-Home W. Dubuque 4:00pm	21 DV West-Home 3:20 F-Practice	22 7:30 V-Films
23 OFF	24 3:20 V/S-Practice 3:20 F-Practice	25 3:20 V/S-Practice 3:20 F-Practice	26 3:20 V/S-Practice 3:20 F-Practice	27 3:20 V/S-Practice 9th-Kingston-Wash 7:00pm	28 CR Wash-Away 9th-Linn-Mar 4:30p @ Linn-Mar	29 7:30 V-Films

OCTOBER 2018

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 3:20 V/S-Practice 3:20 F-Practice	2 3:20 V/S-Practice 3:20 F-Practice	3 3:20 V/S-Practice 3:20 F-Practice	4 3:20 F-Practice 9th-Home-IC High 6:00pm	5 Bettendorf-Away 3:20 F-Practice	6 7:30 V-Films
7 4:00 V/S-Practice	8 No School 3:20 V/S-Practice 3:20 F-Practice	9 No School 3:20 V/S-Practice 3:20 F-Practice	10 3:20 V/S-Practice 3:20 F-Practice	11 Dav Cent-Home 3:20 F-Practice	12 3:20 V/S-Practice 3:20 F-Practice	13 7:30 V-Films 9th-Home-IC West 10:00am
14 OFF	15 3:20 V/S-Practice 3:20 F-Practice	16 3:20 V/S-Practice 3:20 F-Practice	17 3:20 V/S-Practice 3:20 F-Practice	18 3:20 F-Practice 9th-Away-Holmes 4:00pm	19 Burlington-Away	20 7:30 V-Films
21 3:00 V-Practice	22 3:20 F-Practice	23 3:20 F-Practice	24 3:20 F-Practice	25 3:20 F-Practice	26 Playoff 1st Round	27
28 OFF	29 No School 3:20 F-Practice	30 3:20 F-Practice	31 3:00 V-Practice			

NOVEMBER 2018

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 3:00 V-Practice	2 Quarterfinals	3 OFF
4 OFF	5 3:00 V-Practice	6 3:00 V-Practice	7 3:00 V-Practice	8 3:00 V-Practice	9 Semi-Finals	10 OFF
11 OFF	12 3:00 V-Practice	13 3:00 V-Practice	14 3:00 V-Practice	15 3:00 V-Practice	16 State Championship	17
18	19	20	21	22	23	24